PO-7808C - 31 -

WHAT IS CLAIMED IS:

1. A process of using of at least one member selected from a first group consisting of compounds conforming to formula (1)

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HO
$$(R^2)_m$$

$$R^1$$

$$(Z-X-Y)_n$$

wherein

R¹ is either H or a CH₃ radical;

R² denotes a member selected from the group consisting of H, linear C₁-C₁₈
10 alkyl, branched C₁-C₁₈ alkyl, linear C₁-C₁₈ alkoxy, branched C₁-C₁₈ alkoxy, Cl,
Br, aryl radical and aralkyl radical,

- Z denotes an alkylene having 1 to 30 carbon atoms or a single bond,
- X denotes a single bond or a divalent radical,
- Y denotes a member selected from the group consisting of a cycloaliphatic radical, polycyclic aliphatic radical and an aromatic radical, and
 - n is 1,2,3 or 4 and m is 0,1,2 or 3, with the proviso that the sum of n plus m is 4, comprising adding said phenol as a chain terminator to the reaction that entails at least one diphenol in the preparation of a member selected from a second group consisting polycarbonate, polyester carbonate and polyester.
 - 2. The polycarbonate prepared by the process of Claim 1.
 - 3. The polyester carbonate prepared by the process of Claim 1.

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4. The polyester prepared by the process of Claim 1.

PO-7808C - 32 -

- 5. A molded article comprising the polycarbonate of Claim 2.
- 6. A molded article comprising the polyester carbonate of Claim 3.
- 5 7. A molded article comprising the polyester of Claim 4.
 - 8. The compound of Claim 8 wherein at least one of said aryl radical and aralkyl radical are substituted.
- 9. The compound of Claim 8 wherein X denotes a divalent radical selected from the group consisting of -O-, -CO-, CH₂-, -COO- and -OCO₂-.
 - 10. The compound of Claim 8 wherein Y is substituted.
- 15 11. The process of Claim 1 wherein the o- and/or m-substituent is cycloalkyl.
 - 12. The process of Claim 1 wherein the member of the first group conform to formula (1)

HO
$$R^1$$
 (1)

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wherein

- R¹ is either H or a CH₃ radical;
- R^2 denotes a member selected from the group consisting of H, linear C_1 - C_{18} alkyl ,branched C_1 - C_{18} alkyl, linear C_1 - C_{18} alkoxy, branched C_1 - C_{18} alkoxy, Cl,
- 25 Br, aryl radical and aralkyl radical,
 - Z denotes an alkylene having 1 to 30 carbon atoms or a single bond,
 - X denotes a single bond or a divalent radical,

PO-7808C - 33 -

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Y denotes a member selected from the group consisting of a cycloaliphatic radical, polycyclic aliphatic radical and an aromatic radical, and

- n is 1,2,3 or 4 and m is 0,1,2 or 3, with the proviso that the sum of n plus m is 4.
 - 14. The process of Claim 13 wherein member of the second group is polycarbonate.
- 10 15. The process of Claim 13 wherein member of the second group is polyester carbonate.
 - 16. The process of Claim 13 wherein member of the second group is polyesters.

17. The polycarbonate prepared by the process of Claim 14.

- 18. The polyester carbonate prepared by the process of Claim 15.
- 20 19 The polyester prepared by the process of Claim 16.
 - 20. The process of Claim 1 wherein member of the first group is present in an amount of 0.5 to 8 mol%, relative to the total moles of diphenol.
- 25 21. The process of Claim 20 wherein the amount is 2 to 6 mol%.